FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPROVAL | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | |
| Estimated average burden | | | | | | | |
| hours per response: | 0.5 | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* Ebner Sean A. | | | | | | 2. Issuer Name and Ticker or Trading Symbol TrueBlue, Inc. [TBI] | | | | | | | | | Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner | | | | | |
|--|---|--|---|-------|-------------------------|--|------------------------|--|------------------|---|--|--|------------------------------------|-------------------------------------|--|--|---|--|--|--|
| (Last) 1015 A STREE | (First) | (First) (Middle) | | | | 3. Date of Earliest Transaction (Month/Day/Year) 07/03/2018 | | | | | | | | | Officer (g below) EVP; | | | Other (s below) copleReady | | |
| (Street) TACOMA (City) | WA (State) | 98 (Zi | 402 p) | | 4. If A | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | 6. Indiv | dividual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| | | Та | ble I - No | n-Der | ivativ | e Se | curitie | s Acq | uired, l | Disp | osed of, | , or | Benefi | cially Ow | ned | | | | | |
| Date | | | | | nsaction h/Day/Year) | | Execution Date, if any | | | | ties Acquired (A) or d Of (D) (Instr. 3, 4 ar | | | Following | curities neficially Owned lowing Reported | | nership : Direct (D) direct (I) : 4) | 7. Nature of Indirect Beneficial Ownership | | |
| | | | | | | | Code | v | Amount (A) (D) | | (A) or (D) | Price | Transaction(s) (Instr. 3 and 4) | | | | (Instr. 4) | | | |
| Common Stock 07/0 | | | | | | 2018 F 786 D \$: | | \$27.05 | 14,4 | 14,400 | | D | | | | | | | | |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Diff any (Month/Day/ | ate, | | ransaction ode (Instr. | | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | 6. Date Exercisabl Expiration Date (Month/Day/Year) | | 7. Title and Amou Securities Under Derivative Securi (Instr. 3 and 4) | | derlying curity | Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) | | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| | | | | | Code | v | (A) | (D) | Date Exercisa | able | Expiration Date | Title | | Amount or Number of Shares | | (Instr. 4) | (J) | | | |

Explanation of Responses:

Remarks:

/s/ Todd N. Gilman, Attorney-infact

07/06/2018

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.