## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup> Unzueta Jesus			2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>TrueBlue, Inc.</u> [ TBI ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			
(Last) 1015 A STREE	(First)	(Middle)	<ul> <li>3. Date of Earliest Transaction (Month/Day/Year) 10/01/2014</li> </ul>	X Officer (give title Other (specify below) SVP, CIO			
(Street) TACOMA WA 98402 (City) (State) (Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year)	<ol> <li>Individual or Joint/Group Filing (Check Applicable Line)</li> <li>X Form filed by One Reporting Person</li> <li>Form filed by More than One Reporting Person</li> </ol>			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							

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	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.		Acquired (A) or D) (Instr. 3, 4 and 5)		Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	10/01/2014		A		3,990(1)	Α	\$0.00	3,990	D	

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 7. Title and Amount of Securities Underlying 11. Nature of Indirect 1. Title of 3. Transaction 3A. Deemed 5. Number of 6. Date Exercisable and 8. Price of 9. Number of 10 Derivative Conversion Date Execution Date Transaction Derivative Expiration Date Derivative derivative Ownership Security (Instr. 3) or Exercise (Month/Day/Year Code (Instr. Securities (Month/Day/Year) **Derivative Security** Securities Form: Beneficial if any Security Acquired (A) or Disposed of (D) (Instr. 3, 4 Price of (Month/Dav/Year) 8) (Instr. 3 and 4) (Instr. 5) Beneficially Direct (D) Ownership Derivative Owned or Indirect (Instr. 4) Security Following (I) (Instr. 4) and 5) Reported Transaction(s) Amount (Instr. 4) or Number Date Expiration v (A) (D) Title

Exercisable

. Date

Explanation of Responses:

1. The shares acquired represent a grant of restricted stock that will vest over a 3-year period in equal annual installments.

Remarks:

## Todd N. Gilman, Attorney-in-fact 10/03/2014

Date

\*\* Signature of Reporting Person

of Shares

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.