FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * TALL CRAIG E					2. Issuer Name and Ticker or Trading Symbol TrueBlue, Inc. [TBI]									(Check	Relationship of Reporting Person(s) to Issuer (Check all applicable) Picture A000 Courses A000 Courses					
(Last)	(First)	(N	liddle)		3. Date of Earliest Transaction (Month/Day/Year) 02/07/2014									X	Director Officer (g below)	10% Owner ive title Other (spec below)				
1015 A STREET P.O. BOX 2910						4. If Amendment, Date of Original Filed (Month/Day/Year)								- 1	. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
(Street) TACOMA	WA	98	3402												Form filed by More than One Reporting Pe				ng Person	
(City)	(State)) (Z	ip)																	
		Ta	able I - Non	-Deriv	ative S	Secu	ritie	s Acq	uired, [Disp	osed of	f, or B	Benefic	ially Ow	/ned					
Dat				Date	ransaction e nth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)					urities Acquired (A) or sed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount		(A) or (D)	Price	(Instr. 3 and 4)				(1130.4)		
Common Stock				02/07/	/07/2014				A		3,210		A	\$ <mark>0</mark>	21,181			D		
Common Stock															11,871		I		By Two Daughters, LLC	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date if any (Month/Day/Ye	Cod	Transaction Code (Instr.				6. Date Ex Expiration (Month/Da	Date	1	7. Title and Amour Securities Underly Derivative Securit 3 and 4)		erlying	ng Derivative		er of	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
				Cod	le V	(A))		Date Exercisab		expiration Pate	Title		Amount or Number of Shares		Transaction(s) (Instr. 4)				
Options (Right to Buy)	\$25.26	02/07/2014		A		6,4	,498		02/07/201	4 0	2/07/2021		nmon ock	6,498	\$25.26	6,49	8	D		

Explanation of Responses:

Todd N. Gilman, Attorney-in-fact 02/10/2014

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.