SEC Form 4

## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup> COOPER STEVEN C						2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>TrueBlue, Inc.</u> [TBI]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 02/01/2010										Director Officer (give title below) President		t and	10% Owner Other (specify below) and CEO		
P.O. BOX 2910 (Street) TACOMA WA 98402					4. If Amendment, Date of Original Filed (Month/Day/Year)										<ol> <li>Individual or Joint/Group Filing (Check Applicable Line)</li> <li>X Form filed by One Reporting Person</li> <li>Form filed by More than One Reporting Person</li> </ol>					
(City)	(State)	(Zi	(Zip)																	
		Та	ble I - No	n-Dei	ivativ	e Se	ecuritie	s Acq	uired,	Disp	osed of,	, or	Benefi	icially Ov	vned					
Date				Transaction ate Ionth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transac Code (Ir 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and				5. Amount Securities Beneficiall Following Transactio	y Owned Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount		(A) or (D)	Price	(Instr. 3 an				(1150.4)		
Common Stock 02/0					01/2010				F		2,733		D	\$14.19	152,972			D		
Common Stock 02/0					2/02/2010				F		1,481	1	D	\$14.59	151,491(1)			D		
			Table II -								sed of, o nvertible				ed					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	ate,	4. Transac Code (In 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Expirati (Month/	on Da		7. Title and Amou Securities Underf Derivative Securit (Instr. 3 and 4)		nderlying ecurity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s illy g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

1. As of January 31, 2010, Mr. Cooper also indirectly owned approximately 6,248 shares in the TrueBlue 401(k) Plan. These shares are not included in the 151,491 shares shown as owned directly in Table 1.

(D)

(A)

Date Exercisable Expiration Date

Title

## Todd N. Gilman, Attorney-in-fact 02/03/2010

\*\* Signature of Reporting Person Date

Number of Shares

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code V

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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