SEC Form 4

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address Gafford Derrel			2. Issuer Name and Ticker or Trading Symbol <u>LABOR READY INC</u> [LRW]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
(Last) 1015 A STREET	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 02/23/2007	х	Director Officer (give title below) Executive V.P. a	10% Owner Other (specify below) nd CFO					
P.O. BOX 2910			4. If Amendment, Date of Original Filed (Month/Day/Year)		dual or Joint/Group Filing (C	,					
(Street) TACOMA	WA	98402		X	Form filed by One Report Form filed by More than C	•					
(City)	(State)	(Zip)									
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Dat if any (Month/Day/Year)		Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common stock	02/23/2007		М		7,500	Α	\$4.81	27,299	D	
Common stock	02/23/2007		S		3,389(1)	D	\$19.5	23,910(2)	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction	3A. Deemed	4. 5. Number of				6. Date Exerci	sable and	7. Title and Amount of		8. Price of	9. Number of	10.	11. Nature
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transac Code (In 8)		Derivative		(Month/Day/Year)		Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative	derivative Securities Beneficially Owned Following Reported		of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Options (Right to buy)	\$4.81	02/23/2007		М			7,500	02/25/2003 ⁽³⁾	02/25/2007	Common stock	7,500	\$ <mark>0</mark>	0	D	

Explanation of Responses:

1. Sale effected pursuant to preplanned trading program designed to meet the requirements of Rule 10b5-1. The stock option was exercised to avoid expiration.

2. As of February 5, 2007, Mr. Gafford also indirectly owned approximately 4,856 Labor Ready shares in the Labor Ready 401(k) Plan. These shares are not included in the 23,910 shares shown as owned directly in Table 1.

3. Options subject to this grant vested over a 4-year period in equal annual installments.

Matthew S. Topham, Attorney-in-
fact02/27/2007** Signature of Reporting PersonDate

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response: 0.5