FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Kreidler Robert C.</u>					2. Issuer Name and Ticker or Trading Symbol TrueBlue, Inc. [ TBI ]										tionship of Reporting Person(s) to Issuer all applicable)  Director 10% Owner			vner	
(Last)	(First)	(Mi	(Middle)			te of I	Earliest T 20	ransactio	on (Monti	h/Day	/Year)		Officer (give title below)			Other (s	specify		
(Street)	1015 A STREET  Street)				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv	lividual or Joint/Group Filing (Check Applicable Line)  Form filed by One Reporting Person  Form filed by More than One Reporting Person				
TACOMA	WA	98	402												1 OIIII IIIe	u by More	ulali	ле перопп	y r erson
(City)	(State)	(Zi	p)																
		Та	ble I - Noı	n-Der	ivativ	e Se	curitie	s Acq	uired,	Disp	osed of,	, or E	Benefi	cially Ow	/ned				
Date				th/Day/Year) Exec		2A. Deemed Execution Date, if any (Month/Day/Year)				4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									v	Amount	nt (A) or (D)		Price	(Instr. 3 an				(instr. 4)	
Common Stock 08/0					03/2020			A		3,717 <sup>(1)</sup> A		\$0	3,7	3,717		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security  3. Transaction Date (Month/Day/Year)			Execution Date, if any		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisa Expiration Date (Month/Day/Yea		e Securities l		rities Un rative Se	derlying curity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)			Expiration Date	Title		Amount or Number of Shares		(Instr. 4)	(0)		

## Explanation of Responses:

1. The shares acquired represent a grant of restricted stock that will 100% vest on the first day of the Issuer's fourth quarter in the current fiscal year.

## Remarks:

/s/ Todd N. Gilman, Attorney-in-

fact

\*\* Signature of Reporting Person

Date

08/04/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $<sup>^{\</sup>star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).