FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPROVAL | | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | |
| Estimated average burden | | | | | | | | |
| hours per response: | 0.5 | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person * COOPER STEVEN C | | | | | | 2. Issuer Name and Ticker or Trading Symbol TrueBlue, Inc. [TBI] | | | | | | | | | | ionship of Reporting Po all applicable) Director | | erson(s) to Issuer 10% Owner | |
|---|---|------------|--|--------|--|--|--|-------|---|------|---------------------|---|---------------|-------------------------------------|---|---|---|--|---|
| (Last) | (First) | (Middle) | | | | 3. Date of Earliest Transaction (Month/Day/Year) 02/07/2020 | | | | | | | | | Officer (give title below) | | Other (specif below) | | specify |
| 1015 A STREET (Street) TACOMA WA 98402 | | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | | - 1 | 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| (City) | (State) |) (Z | ip) | | | | | | | | | | | | | | | | |
| | | Ta | able I - No | n-Deri | vativ | re Se | ecuritie | s Acq | uired, | Disp | osed o | f, or I | Benefi | cially Ow | ned | | | | |
| Da | | | | Date | Date (Month/Day/Year) | | 2A. Deemed Execution Date, if any (Month/Day/Year) | | | | | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an | | | 5. Amount Securities Beneficiall Following Transactio | y Owned Reported | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | | | | | | Code | v | Amount | | (A) or (D) | Price | (Instr. 3 and 4) | | | | (111501.4) |
| Common Stock | | | | 02/0 | 02/07/2020 | | | | A | | 30,68 | 7(1) | A | \$0 | 168,016 | | | D | |
| Common Stock | ommon Stock 02 | | | | 02/07/2020 | | | | F | | 12,4 | 76 | D | \$16.83 | 155,540 | | | D | |
| | | | Table II - I | | | | | | | | sed of, onvertib | | | | ed | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | | 3A. Deemed Execution Da if any (Month/Day/Y | Co | Transaction Code (Instr. | | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | 6. Date Exercisable an Expiration Date (Month/Day/Year) | | е | 7. Title and Amour Securities Underly Derivative Security 3 and 4) | | erlying | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securitie Beneficia Owned Following Reported Transacti | e s ally | Ownership Form: Direct (D) or Indirect (I) (Instr. 4 | Beneficial Ownership (Instr. 4) |
| | | | | Co | ode | v | (A) | (D) | Date Exercisal | | Expiration Date | Title | | Amount or Number of Shares | | (Instr. 4) | .511(5) | | |
| Deferred Stock Award | (2) | 02/07/2020 | | | A | | 6,287 | | (3) | | (3) | | nmon | 6,287 | \$0 | 6,28 | 7 | D | |

Explanation of Responses:

- 1. On February 10, 2017, the Reporting Person was granted Performance Share Units representing an indeterminate number of shares of Issuer's common stock which were contingent upon the meeting of certain company performance criteria. The performance criteria were met as of December 29, 2019, resulting in the vesting of the Performance Share Units into shares of the Issuer's common stock on February 7, 2020.
- 2. Each deferred stock award represents a right to receive one share of TrueBlue, Inc. common stock.
- 3. The deferred stock will 100% vest on the first day of the Issuer's fourth quarter in the current fiscal year. Delivery of the shares to the Reporting Person will be made ninety (90) days after his separation from service on the Board of Directors.

Remarks:

/s/ Todd N. Gilman, Attorney-in-

<u>fact</u>** Signature of Reporting Person

<u>o2/11/2020</u>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.