FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

| OMB APPROVAL             |           |  |  |  |  |  |  |
|--------------------------|-----------|--|--|--|--|--|--|
| OMB Number:              | 3235-0287 |  |  |  |  |  |  |
| Estimated average burden |           |  |  |  |  |  |  |
| hours per response:      | 0.5       |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person * Beharelle A. Patrick   |   |  |  |      | Tru            | 2. Issuer Name and Ticker or Trading Symbol TrueBlue, Inc. [ TBI ] |   |  |                  |  |                    |  |       |                                     | Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner  |   |       |  |  |  |
|--|---|--|--|------|----------------|--|---|--|------------------|--|--------------------|--|-------|-------------------------------------|--|---|-------|--|--|--|
| (Last)<br>1015 A STREE   | (First)   | (First) (Middle)                           |  |      |                | 3. Date of Earliest Transaction (Month/Day/Year) 05/03/2019        |   |  |                  |  |                    |  |       | X                                   | Officer (give title below)  CEO and I  |   |       | Other (specify below)  President   |  |  |
| (Street) TACOMA (City)   | WA (State)  | 98<br>(Zi                                  | 402<br>p)  |      | 4. If A        | 4. If Amendment, Date of Original Filed (Month/Day/Year)           |   |  |                  |  |                    |  |       | 6. Indiv                            | iividual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person |   |       |  |  |  |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned   |   |  |  |      |                |  |   |  |                  |  |                    |  |       |                                     |  |   |       |  |  |  |
| Date   |   |  |  |      | n/Day/Year) if |  | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) |  |                  |  |                    | ities Acquired (A) or<br>d Of (D) (Instr. 3, 4 a                               |       |                                     | nd 5) Securities<br>Beneficial<br>Following  |   | Form  | nership<br>: Direct (D)<br>direct (I)<br>: 4)                            | 7. Nature of Indirect Beneficial Ownership                         |  |
|  |   |  |  |      |                |  |   | Code   | v                | Amount (A) or (D)  |                    |  | Price |                                     | nsaction(s)<br>str. 3 and 4)   |   |       | (Instr. 4)   |  |  |
| Common Stock 05/0  |   |  |  |      |                | 2019 S 15,700 D \$   |   | \$24.54(1)   | 107,             | 7,965  |                    | D  |       |                                     |  |   |       |  |  |  |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |   |  |  |      |                |  |   |  |                  |  |                    |  |       |                                     |  |   |       |  |  |  |
| 1. Title of<br>Derivative<br>Security (Instr. 3)   | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution D<br>if any<br>(Month/Day/ | ate, |                | ransaction<br>Code (Instr.   |   | 5. Number of<br>Derivative<br>Securities<br>Acquired (A)<br>or Disposed of<br>(D) (Instr. 3, 4<br>and 5) |                  | 6. Date Exercisable<br>Expiration Date<br>(Month/Day/Year) |                    | 7. Title and Amou<br>Securities Under<br>Derivative Securi<br>(Instr. 3 and 4) |       | derlying<br>curity                  | 8. Price of<br>Derivative<br>Security<br>(Instr. 5)  | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s |       | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |
|  |   |  |  |      | Code           | v  | (A)   | (D)  | Date<br>Exercisa | able   | Expiration<br>Date | Title  |       | Amount<br>or<br>Number<br>of Shares |  | (Instr. 4)  | on(s) |  |  |  |

## Explanation of Responses:

1. This transaction was executed in multiple trades at prices ranging from \$24.39 to \$24.81. The price reported above reflects the weighted average sales price. The reporting person hereby undertakes, to provide upon request to the SEC staff, the issuer, or a security holder of the issuer, the detailed information regarding the number of shares sold at each separate price.

## Remarks:

/s/ Todd N. Gilman, Attorney-infact 05/07/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.