Form 144 Filer Information

FORM 144

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer information				
Filer CIK	0001971225			
Filer CCC	XXXXXXXX			
Is this a LIVE or TEST Filing?	● LIVE ○ TEST			
Submission Contact Information				
Name				
Phone				
E-Mail Address				
144: Issuer Information				
Name of Issuer	TrueBlue, Inc.			
SEC File Number	001-14543			
Address of Issuer	1015 A STREET TACOMA WASHINGTON 98402			
Phone	253-383-9101			
Name of Person for Whose Account the Securities are To Be Sold	Fitzsimmons-Willis Kristy A.			
See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.				
Relationship to Issuer	Officer			
144: Securities Information				
Title of the Class of Securities To Be Sold	Common			
Name and Address of the Broker	Merrill Lynch 10400 ne st suite 2500 Bellevue WA 98004			
Number of Shares or Other Units To Be Sold	2000			
Aggregate Market Value	531740390.00			
Number of Shares or Other Units Outstanding	31023360			
Approximate Date of Sale	05/25/2023			
Name the Securities Exchange	ТВІ			

any part of the purchase price or other consideration therefor: 144: Securities To Be Sold Title of the Class Common Date you Acquired 02/11/2020 Nature of Acquisition Transaction Stock Bonus KRISTY FITZSIMMONS-WILLIS Name of Person from Whom Acquired Is this a Gift? Date Donor Acquired 453 Amount of Securities Acquired Date of Payment 02/11/2020 Nature of Payment Statement If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid. 144: Securities To Be Sold Title of the Class Common 08/01/2020 Date you Acquired Nature of Acquisition Transaction Stock Bonus KRISTY FITZSIMMONS-WILLIS Name of Person from Whom Acquired Is this a Gift? Date Donor Acquired 706 Amount of Securities Acquired Date of Payment 08/01/2020 Nature of Payment Statement If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid. 144: Securities To Be Sold Title of the Class Common

Date you Acquired

02/07/2021

Nature of Acquisition Transaction

Name of Person from Whom Acquired

KRISTY FITZSIMMONS-WILLIS

Is this a Gift?

Date Donor Acquired

Is this a Gift?	Date Donor Acquired	

Amount of Securities Acquired 756

Date of Payment 02/07/2021

statement

Nature of Payment

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold		
Title of the Class	Common	
Date you Acquired	02/11/2021	
Nature of Acquisition Transaction	Stock Bonus	
Name of Person from Whom Acquired	KRISTY FITZSIMMONS-WILLIS	
Is this a Gift?	Date Donor Acquired	
Amount of Securities Acquired	85	
Date of Payment	02/11/2021	
Nature of Payment	Statement The state of purphase available in the table or in a	

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report		
144: Remarks and Signature		
Remarks		
Date of Notice	05/25/2023	
Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1	05/25/2023	

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature	KRISTY FITZSIMMONS-WILLIS

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)