UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): November 4, 2010

TRUEBLUE, INC.

(Exact Name of Registrant as Specified in Its Charter)

Washington (State or Other Jurisdiction of Incorporation)

001-14543 (Commission File Number) 91-1287341 (IRS Employer Identification No.)

1015 A Street, Tacoma, Washington (Address of Principal Executive Offices)

98402 (Zip Code)

(253) 383-9101 (Registrant's Telephone Number, Including Area Code)

Not Applicable (Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01 Regulation FD Disclosure.

Attached to this report as Exhibit 99.1 is a slide presentation (the "Investor Presentation"), which will be presented by TrueBlue, Inc. (the "Company") at a management presentation with analysts and portfolio managers beginning on Tuesday, November 9, 2010 to be held in New York City. The Investor Presentation is also available on the Company's website, www.trueblueinc.com. A presentation that was the same in all material respects as the Investor Presentation attached as Exhibit 99.1 was also presented to analysts and portfolio managers on November 4, 2010, and was posted on the Company's website prior to such presentation.

In accordance with General Instruction B.2. of Form 8-K, the information contained above in this report (including the Investor Presentation) shall not be deemed "Filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section, nor shall the Investor Presentation be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, except as shall be expressly set forth by specific reference in such a filing. This report will not be deemed a determination or an admission as to the materiality of any information in the report that is required to be disclosed solely by Regulation FD.

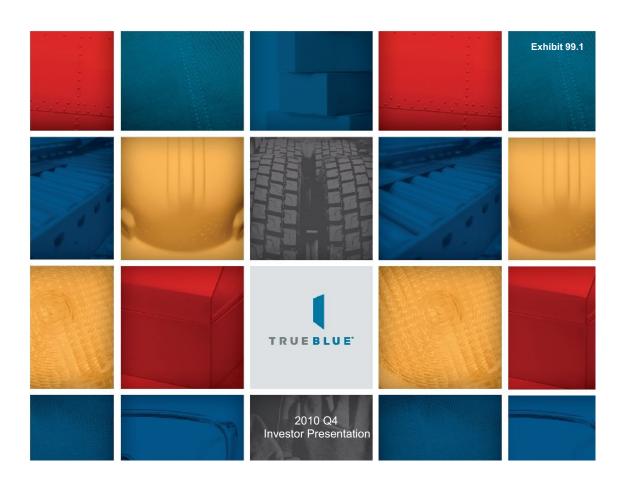
Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

99.1 Investor Presentation

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.			
	TRUEBLUE, INC. (Registrant)		
Date: November 8, 2010	By: /s/ JAMES E. DEFEBAUGH Executive Vice President, General Counsel and Secretary		



Safe Harbor Statement

Cautionary Note About Forward-Looking Statements:

Certain statements made by us in this presentation that are not historical facts or the events or performances are forward-looking statements that reflect management's current periods, including statements regarding future financial performance. These forward-lobased upon our current expectations, and our actual results may differ materially from contemplated in the forward-looking statements. Factors that may cause our actual results from those contained in the forward-looking statements, include without limitation the global economic conditions, including the impact of changes in national and global creatings on our customers; 2) our ability to continue to attract and retain customers in the face of new and existing competition; 3) new laws and regulations that could he effect on our operations and financial results; 4) significant labor disturbances which serve; 5) increased costs and collateral requirements in connection with our insurance workers' compensation insurance; 6) the adequacy of our financial reserves; 7) our convented the property of the insurance and other financing agreements; 8) our competent employees in key positions or to find temporary employees to fulfill the new our ability to successfully complete and integrate acquisitions that we may make from other risks described in our filings with the Securities and Exchange Commission, inc. Form 10-K and Form 10-Q filings.

Use of estimates and forecasts:

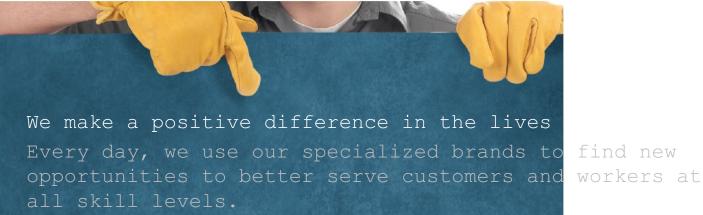
Any references made to Q-4 2010 or fiscal year 2010 are based on management guidance and are included for informational purposes only. These references, including any fitargets, are not an update or reaffirmation of Oct. 20, 2010 guidance.



Investment Highlights

- Specialized approach in serving the market
- Attractive industry growth prospects
- Unique industry-related upside
- Strong operating leverage
- Multiple opportunities to increase market share
- Solid balance sheet

TrueBlue™ (NYSE:TBI) 2010 Q4 Investor Presentation















Our vision:

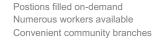
Be the Leading Provider of Blue-Collar Staffing

Blue-Collar Specialties

General Labor









Logistics & Manufacturing

Specialized skills for manufacturing & logistics Longer term assignments and temp to perm On-site management of employees



Skilled Trades

Skilled tradespeople for a variety of end markets Rigorous assessment of skill and trades experience Long-term, multiple project opportunities



Aviation Mechanics

Mechanics and technicians for aviation In-depth screening for aviation certification Centralized recruiting and assignment nationwide



CDL Drivers

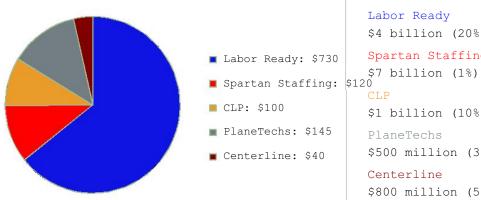
Temporary staffing or driver management services Comprehensive application and hiring process 24/7 central dispatch

TrueBlue™ (NYSE:TBI) 2010 Q4 Investor Presentation

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The Leading Provider of Blue-Collar Staffing

Revenues in millions (\$)



 12010 revenue estimated for all of 2010, rounded to the nearest \$5 million. 2Staffing Industry Analysts 2010 forecases Invaledue

Market size/share (\$) 2

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Labor Ready
$4 billion (20%)
Spartan Staffing
$1 billion (10%)
PlaneTechs
$500 million (35%)
Centerline
$800 million (5%)
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Recognized as a Credible Industry Leader



Forbes Most Trustworthy Comp
In 2010, TrueBèreived
top score (100) for its tran
reliability and manage
over the last 5



American Staffing Associan Marad of Exceller In 2010, Labor Ready won

In 2010, Labor Ready won nighest award for its sales, : worker training mater



BusinessWeek Hot Growth Compan

TrueBluewas listed on the

Forbes

Forbes Platinum zinenamed TrueBluetoits

2005lisoftheBestBigCompanies



U.S. Dept. of Homeland S

In 2008, TrueBitemeame the fit
nationwide staffing company re
for its best practices by DHS/
and Customs Enforcem



U.S. Equal Employm Opportunity Commiss

In 2004, TrueBdemane
the 34major corporation to sign the



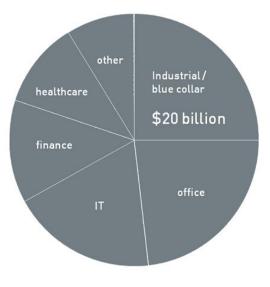
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Sales by Industry

	2006	2010*
Construction	37%	22%
Manufacturing	17%	19%
Transportation	9%	12%
Wholesale Trade	10%	9%
Retail	8%	7%
Services & Other	19%	15%
Aviation	0%	16%

²⁰¹⁰ industry percentages are for the trailing four quarters ended Q3 2010

Temporary Staffing



\$75 billion

Staffing Industry Analysts 2010 forecast, rounded

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Blue-collar Staffing – Strong Future Growth

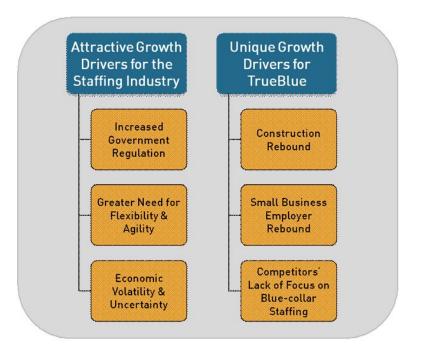


Source: Staffing Industry Analysts, Moody's economic forecasts, TrueBlue estimates

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1.

Industry Growth Drivers



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1:

Strategic Priorities

	Focus	Why	How
Same Branch Growth	+++	Operating Leverage	 Brand Specialization Brand Leadership Intra-brand Industry Specialization Service Excellence
Geographic Expansion	+	Increase Market Share	On-site LocationsMulti-Brand LocationsAcquisitions

Operating Leverage of Same Branch Growth

Same branch growth = 20% incremental operating margins

Example calculation of incremental	operating margins
Incremental Revenue	\$ 100
Gross Profit Generated	\$ 27
Variable Operating Expense Associated with Incremental Revenue Incremental Operating Income	\$ (7) \$ 20

^{*}Reflects an approximation of the incremental operatminagemental behaves bearachieved, in general the current business model and revenue mix.

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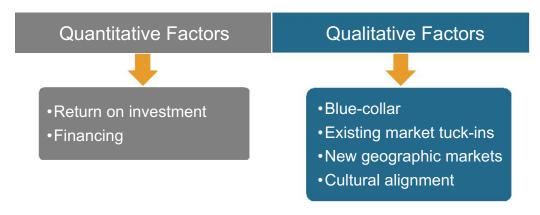
Geographic Expansion Opportunities



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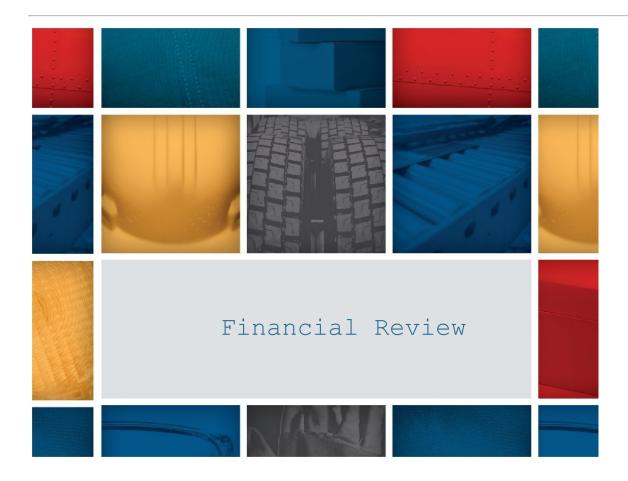
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Strategic Acquisitions



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Financial Targets



EBITDA is non-GAAP financial measure which excludes interest, taxes, depreciation and amortization from net income. EBITDA is a key measure used by management in evaluating performance. EBITDA should not be considered a measure of financial performance in isolation or as an alternative to net income (loss) in the Statement of Operations in accordance with GAAP, and, as presented, may not be comparable to similarly titled measures of other companies.

Financial Summary

	2010F **	2009	Growth %
Revenue	\$1,135	\$1,018	11%
Gross profit	\$ 300	\$ 291	3%
% of Revenue	26.4%	28.6%	
SG&A expense	\$ 255	\$ 262	-3%
% of Revenue	22.5%	25.8%	
EBITDA*	\$ 45	\$ 29	55%
% of Revenue	4.0%	2.8%	
Net income	\$ 20	\$ 9	122%
% of Revenue	1.8%	0.9%	
Earnings per share	\$ 0.46	\$ 0.20	129%

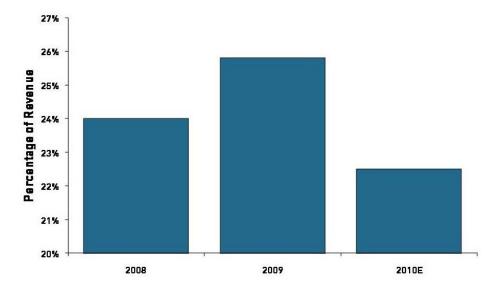
*EBITDA is non-GAAP financial measure which excludes interest, taxes, depreciation and amortization from net income. EBITDA is a key measure used by management in evaluating performance. EBITDA should not be considered a measure of financial performance in isolation or as an alternative to net income (loss) in the Statement of Operations in accordance with GAAP, and, as presented, may not be comparable to similarly titled measures of other companies. See EBITDA reconciliation in the Appendix.

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^{** 2010}E includes 53rdweek which is estimated to add approximately 1% to revenue growth.

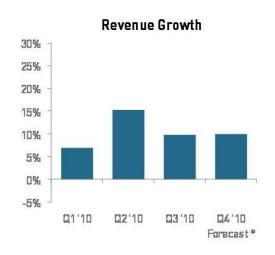
Selling, General & Administrative Costs

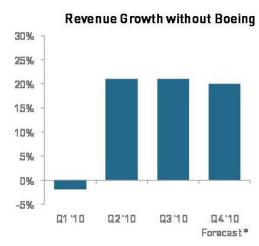


2008 excludes goodwill and intangible asset impairment charges.

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2010 Revenue Growth Trends





^{*} Q4 2010 Revenue Growth Forecast excludes 14th week for comparative purposes.

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2.

Strong Balance Sheet

	Q-3 2010	FY 2009
Cash and investments	\$139	\$124
Current ratio	3.3	2.9
Restricted cash	\$118	\$124
Workers' comp reserve	\$190	\$190
Long-term debt	\$ 3	\$ 3
Shareholders' equity	\$306	\$285

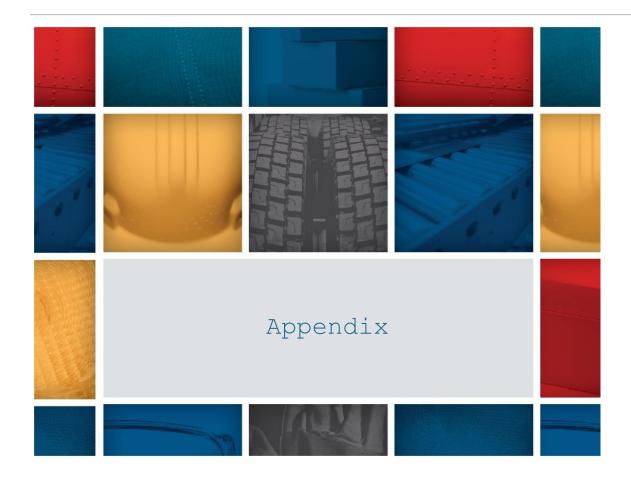
\$ in millions.

TrueBlue™ (NYSE:TBI) 2010 Q4 Investor Presentation

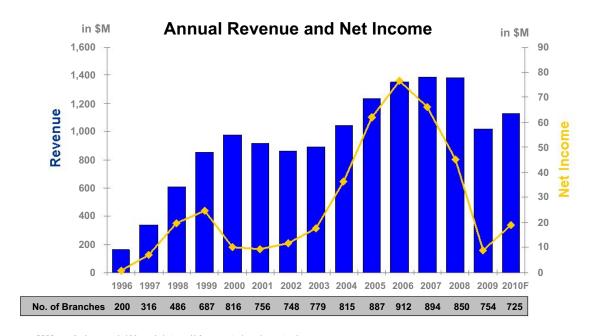
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TrueBlue™ (NYSE:TBI) 2010 Q4 Investor Presentation



Historical Summary



2008 excludes goodwill and intangible asset impairment charges.

TrueBlue™ (NYSE:TBI) 2010 Q4 Investor Presentation

Reconciliation of EBITDA to Net Income

	2010F	2009
Net income	\$ 20	\$ 9
Income tax expense	10	5
Income before tax expense	30	14
Interest and other income, net	(1)	(2)
Income from operations	29	12
Depreciation & Amortization	16	17
EBITDA*	\$ 45	\$ 29

^{*}EBITDA is non-GAAP financial measure which excludes interest, taxes, depreciat ion and amortization from net income. EBITDA is a key measure used by management in evaluating performance. EBITDA should not be considered a measure of financial performance in isolation or as an alternative to net income (loss) in the Statement of Operations in accordance with GAAP, and, as presented, may not be comparable to similarly titled measures of other companies.