UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): March 10, 2010

TRUEBLUE, INC.

(Exact Name of Registrant as Specified in Its Charter)

Washington (State or Other Jurisdiction of Incorporation)

001-14543 (Commission File Number) 91-1287341 (IRS Employer Identification No.)

1015 A Street, Tacoma, Washington (Address of Principal Executive Offices) 98402 (Zip Code)

(253) 383-9101 (Registrant's Telephone Number, Including Area Code)

Not Applicable (Former Name or Former Address, if Changed Since Last Report)

	Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions
(see (General Instruction A.2. below):
П	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230 425)

	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
П	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240 13e-4(c))

Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On March 10, 2010, TrueBlue, Inc. (the "Company") appointed Bonnie W. Soodik to the Company's Board of Directors. Ms. Soodik, age 58, was a long-time executive at The Boeing Company, most recently serving as the Senior Vice President of the Office of Internal Governance until 2007. Ms. Soodik will serve on the Company's Audit Committee and its Corporate Governance and Nominating Committee. There are no arrangements or understandings between Ms. Soodik and any other persons pursuant to which Ms. Soodik was selected as a director. There are no transactions since the beginning of the Company's last fiscal year, or any currently proposed transactions, with the Company to which Ms. Soodik was or is to be a party, in which Ms. Soodik, or any member of her immediate family, has a direct or indirect material interest.

Item 7.01. Regulation FD Disclosure.

On March 12, 2010, the Company issued a press release (the "Press Release") relating to the appointment of Bonnie W. Soodik to the Company's Board of Directors, attached to this report as Exhibit 99.1. The Press Release is being furnished pursuant to Regulation FD.

Item 9.01. Financial Statements and Exhibits.

- (d) Exhibits
- 99.1 Press Release of the Company dated March 12, 2010.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly	
authorized.	

TRUEBLUE, INC. (Registrant)

Date: March 12, 2010 By: _____

/s/ JAMES E. DEFEBAUGH

James E. Defebaugh

Executive Vice President,
General Counsel and Secretary

FOR IMMEDIATE RELEASE:

Bonnie Soodik Joins TrueBlue, Inc. Board of Directors

TACOMA, WA. - March 12, 2010—TrueBlue, Inc., a leading provider of blue-collar temporary staffing, announced today that Bonnie Soodik has joined the company's board of directors.

Ms. Soodik, a veteran of the aerospace industry, retired in 2007 after a 30-year career with Boeing. Prior to her retirement as the senior vice president of the Office of Internal Governance for the company, she led Boeing's Shared Services Group, which provides cost-effective services across the company's business units.

Ms. Soodik joins the TrueBlue board effective immediately. She will serve on the board's Audit Committee as well as the Corporate Governance and Nominating Committee.

"Bonnie brings exceptional management expertise to the board that will aid our ongoing effort to streamline our operations and reduce costs while ensuring quality service for our customers," said Joe Sambataro, TrueBlue chairman of the board. "In addition, her experience will help us as we work toward growing strategic large accounts across all our brands."

"I'm honored that TrueBlue has asked me to join the board because I have tremendous admiration for their dedication to connecting people with job opportunities," Ms. Soodik said. "I am also impressed with TrueBlue's leadership, including how they kept the company profitable during this economic downturn while positioning themselves for future growth. I'm looking forward to working with the board and the company's executive team."

About TrueBlue

TrueBlue, Inc. is the leading provider of blue-collar staffing. In 2009, TrueBlue connected approximately 300,000 people to work through the following brands: Labor Ready, Spartan Staffing, CLP Resources, PlaneTechs, and Centerline (formerly TLC), and served approximately 175,000 businesses in the services, retail, wholesale, manufacturing, transportation, and construction industries. TrueBlue, Inc. is headquartered in Tacoma, Wash. For more information, visit TrueBlue's website at www.TrueBlueInc.com

Contacts

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