SEC Form 4

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPRO\	/AL			
OMB Number:	3235-0287			
Estimated average burden				
hours per response:	0.5			

1. Name and Address	of Reporting Person *			Name and Ticker on Name and Ticker of Name and Ticker of Name and Name and Name and Name and Nan	0,		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) 1015 A STREET	(First)	(Middle)	3. Date o 12/01/2	f Earliest Transacti 003	on (Month/Day/	Year)	X	Officer (give title Other (speci				
P.O. BOX 2910 (Street)			4. If Ame	ndment, Date of Or	riginal Filed (Mo	nth/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
TACOMA	WA	98401								ig i ciccii		
(City)	(State)	(Zip)										
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3) 2. Tran Date			2. Transaction Date	2A. Deemed Execution Date,	3. Transaction	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a		5. Amount of Securities	6. Ownership Form: Direct (D)	7. Nature of Indirect		

	(Month/Day/Year)	if any (Month/Day/Year)	Code (In 8)		Disposed OI (D) (insu. 3,	4 and 5)	Following Reported	or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(ins	
Common stock	12/01/2003		М		50,000	A	\$3.05	146,818(3)	D	
Common stock	12/01/2003		S		50,000(2)	D	\$12	96,818 ⁽³⁾	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (In 8)		Deriva Secur Acqui or Dis	ities red (A) posed of str. 3, 4	Expiration Date (Month/Day/Year)		 T. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) 		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Options (Right to buy)	\$3.05	12/01/2003		М			50,000	10/02/2001 ⁽¹⁾	10/06/2006	Common stock	50,000	\$3.05	250,000	D	

Explanation of Responses:

1. Options subject to this grant vest over a 4 year period in equal annual installments.

2. Sale effected pursuant to preplanned trading program designed to meet requirements of Rule 10b5-1.

3. Includes Labor Ready stock indirectly held through the Labor Ready 401(k) Plan. As of November 14, 2003, Mr. Sambataro also indirectly owned 8,458 Labor Ready Stock Fund Units (Labor Ready 401(k) Plan). Each Unit consists of Labor Ready common stock and a cash component.

> Gary J. Kocher, Attorney-in-Fact 12/02/2003 ** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.