

**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, DC 20549**

FORM 8-K

**CURRENT REPORT PURSUANT
TO SECTION 13 OR 15(D) OF THE
SECURITIES EXCHANGE ACT OF 1934**

Date of report (Date of earliest event reported): **October 9, 2008**

TRUEBLUE, INC.

(Exact Name of Registrant as Specified in Its Charter)

Washington

(State or Other Jurisdiction of Incorporation)

001-14543

(Commission File Number)

91-1287341

(IRS Employer Identification No.)

1015 A Street, Tacoma, Washington
(Address of Principal Executive Offices)

98402
(Zip Code)

(253) 383-9101

(Registrant's Telephone Number, Including Area Code)

Not Applicable

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01. Regulation FD Disclosure.

On October 9, 2008, TrueBlue, Inc. (the "Company") issued the press release attached to this report as Exhibit 99.1.

In accordance with General Instruction B.2. of Form 8-K, the information contained above in this report shall not be deemed "Filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section, nor shall the report be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, except as shall be expressly set forth by specific reference in such a filing. This report will not be deemed a determination or an admission as to the materiality of any information in the report that is required to be disclosed solely by Regulation FD.

Item 9.01. Financial Statements and Exhibits.

(d) **Exhibits**

99.1. Press Release of Company dated October 9, 2008

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

TRUEBLUE, INC.
(Registrant)

Date: October 9, 2008

By: /s/ James E. Defebaugh

James E. Defebaugh
Executive Vice President,

FOR IMMEDIATE RELEASE:**TRUEBLUE APPOINTS NEW LEAD INDEPENDENT DIRECTOR AND AUDIT COMMITTEE CHAIR**

Tacoma, WA – Oct. 9, 2008 - TrueBlue Inc. (NYSE: TBI) has appointed Bill Steele to serve as lead independent director, effective Oct. 8, 2008, following the unexpected death of recently-appointed lead independent director and Audit Committee Chairman Keith Grinstein.

Steele has served as a member of the board since 2001. He is also chairman of the company's Governance Committee and a member of the Compensation Committee. He is currently a director and chairman of the Executive Committee of ABM Industries (NYSE: ABM).

The board also appointed current board member Craig Tall as chairman of the Audit Committee. Tall has served as a member of the board since 2006. He is also a member of the Governance and Compensation Committees. Tall was a member of Washington Mutual's executive committee from 1985 until 2004 and retired in 2008.

"We are pleased to have both Bill and Craig's leadership in their new roles," said TrueBlue Chairman of the Board Joe Sambataro. "Their considerable experience and knowledge of corporate governance will be invaluable to the company."

About TrueBlue

TrueBlue (NYSE: TBI) is the leading provider of blue-collar staffing with revenue of approximately \$1.4 billion. Each year, TrueBlue connects approximately 600,000 people to work through the following brands: Labor Ready, PMI, Spartan Staffing, CLP Resources, PlaneTechs, and TLC Drivers. Headquartered in Tacoma, Wash., TrueBlue serves more than 300,000 small to mid-sized businesses in the construction, warehousing, hospitality, landscaping, transportation, light manufacturing, retail, wholesale, facilities, sanitation, and aviation industries. For more information, visit TrueBlue's website at www.TrueBlueInc.com

Contacts

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