

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT PURSUANT
TO SECTION 13 OR 15(D) OF THE
SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): **May 23, 2006**

LABOR READY, INC.

(Exact Name of Registrant as Specified in Its Charter)

Washington

(State or Other Jurisdiction of Incorporation)

001-14543

(Commission File Number)

91-1287341

(IRS Employer Identification No.)

1015 A Street, Tacoma, Washington

(Address of Principal Executive Offices)

98402

(Zip Code)

(253) 383-9101

(Registrant's Telephone Number, Including Area Code)

Not Applicable

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01. Regulation FD Disclosure

On May 23, 2006, Labor Ready, Inc. (the "Company") issued a press release (the "Press Release") which announced that Steven C. Cooper was officially appointed to become the Company's Chief Executive Officer at the Company's annual shareholder's meeting on May 17, 2006. Mr. Cooper's promotion, along with certain related matters, was previously reported on a Form 8-K filed on February 23, 2006. The Press Release is attached hereto as Exhibit 99.1

In accordance with General Instruction B.2. of Form 8-K, the information contained in this report (including the Press Release) shall not be deemed "Filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section, nor shall the Press Release be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, except as shall be expressly set forth by specific reference in such a filing. This report will not be deemed a determination or an admission as to the materiality of any information in the report that is required to be disclosed solely by Regulation FD.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

99.1. Press Release of Labor Ready, Inc. dated May 23, 2006

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

LABOR READY, INC.
(Registrant)

By: /s/ Steven C. Cooper

Steven C. Cooper
President and Chief Executive Officer

Date: May 23, 2006

FOR IMMEDIATE RELEASE:

STEVEN C. COOPER APPOINTED LABOR READY CHIEF EXECUTIVE OFFICER

TACOMA, WA, May 23, 2006 – Steven C. Cooper, president of Labor Ready Inc. (NYSE: LRW) was appointed chief executive officer and elected to serve on the Board of Directors at its annual shareholder’s meeting on May 17, 2006.

Joe Sambataro, who has served as CEO since September 2001, will continue to serve as a member of the board. Sambataro announced his retirement on Feb. 16, 2006 as part of a planned succession.

Cooper has served for the past year as president and has been responsible for strategy, sales and marketing and branch operations of all brands and services. Prior to that he was executive vice president and chief financial officer at Labor Ready from 2001 to 2005. He joined Labor Ready in 1999.

“Steve is clearly qualified to provide the leadership and strategic vision for Labor Ready’s future,” said Labor Ready Chairman Bob Sullivan. “Steve has worked very closely with Joe and has played a key role in the company’s success.

“We would like to thank Joe for driving the company’s tremendous growth,” Sullivan said, “and for his commitment to cultivating the company’s mission, vision and values. We look forward to his continuing contribution as a member of the board.”

Additionally the company announced the following individuals were also elected to serve for a one year term on the board at the Shareholder’s meeting: Keith Grinstein, Tom McChesney, Gates McKibbin, Joe Sambataro, Bill Steele, Bob Sullivan and Craig Tall.

About Labor Ready

Labor Ready is an international provider of temporary employees for manual labor, light industrial and skilled trades, operating under the brand names of Labor Ready, Workforce, Spartan Staffing, and CLP Resources. Labor Ready’s customers are primarily small- to mid-sized businesses in the construction, warehousing, hospitality, landscaping, transportation, light manufacturing, retail, wholesale, facilities and sanitation industries. Annually, Labor Ready serves approximately 300,000 customers and puts more than 600,000 people to work through its more than 900 branch locations in the United States, Canada, and the United Kingdom. For additional information, visit Labor Ready’s website at www.laborready.com.

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