# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, DC 20549

## FORM 8-K

### CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): November 16, 2004

# LABOR READY, INC.

(Exact Name of Registrant as Specified in Its Charter)

#### Washington

(State or Other Jurisdiction of Incorporation)

001-14543 (Commission File Number) 91-1287341 (IRS Employer Identification No.)

**98402** (Zip Code)

1015 A Street, Tacoma, Washington (Address of Principal Executive Offices)

#### (253) 383-9101

(Registrant's Telephone Number, Including Area Code)

#### Not Applicable

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

#### Item 5.02. Departure of Directors or Principal Officers; Election of Directors; Appointment of Principal Officers.

On November 16, 2004, Labor Ready, Inc. (the "Company") appointed Keith D. Grinstein to the Company's Board of Directors. At this time it has not been determined which committees of the Board of Directors that Mr. Grinstein will serve on. There are no arrangements or understandings between Mr. Grinstein and any other persons pursuant to which Mr. Grinstein was selected as a director. There are no transactions, or proposed transactions, during the last two years with the Company to which Mr. Grinstein was or is to be a party, in which Mr. Grinstein, or any member of his immediate family, has a direct or indirect material interest.

A press release (the "Press Release") announcing that Mr. Grinstein has been appointed to the Company's Board of Directors was issued by the Company on November 18, 2004. A copy of the Press Release is attached hereto as Exhibit 99.1.

The information contained in the Press Release shall not be deemed "Filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, except as shall be expressly set forth by specific reference in such a filing.

#### Item 9.01. Financial Statements and Exhibits.

(c) Exhibits

Date: November 18, 2004

99.1. Press Release of Labor Ready, Inc., dated November 18, 2004.

#### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

LABOR READY, INC. (Registrant)

By: /s/ Joseph P. Sambataro, Jr.

Joseph P. Sambataro, Jr. Chief Executive Officer

#### FOR IMMEDIATE RELEASE:

#### LABOR READY ANNOUNCES NEW BOARD MEMBER KEITH GRINSTEIN

TACOMA, WA, November 18, 2004—Labor Ready, Inc. (NYSE: LRW) has appointed Keith D. Grinstein to the company's board of directors.

Grinstein has been a member of the board of directors of Coinstar since August 2001 and has served as its chairman since June 2002. He has held a number of senior executive positions at Nextel International, Inc., a telecommunications company, serving as its president from January 1996 to March 1999, its chief executive officer from January 1996 to August 1999 and a member of its board of directors from 1996 until 2002. Grinstein's other past experience includes positions at AT&T Wireless Services, Inc. (formerly McCaw Communications). He is currently a partner of Second Avenue Partners, a venture capital fund, and a director of Nextera Enterprises Inc. and F5 Networks Inc. Grinstein holds a Bachelor of Arts degree from Yale University. He earned his Juris Doctorate Magna Cum Laude in 1986 from Georgetown University Law Center.

"We are pleased to welcome Keith to the board of directors," said Labor Ready Chairman Bob Sullivan. "His leadership experience with publicly-traded companies both as a senior executive and board member will enable him to add strength to the board and serve as a valued advisor."

Grinstein said, "I look forward to working with the company's board and management team as they grow this already impressive business through strong management and its focus on increasing revenues and profitability."

#### **About Labor Ready**

Labor Ready is the nation's leading provider of temporary manual labor, serving approximately 275,000 customers by providing a flexible, dependable workforce to such industries as freight handling, warehousing, landscaping, construction and light manufacturing. Annually, the Company puts nearly 600,000 people to work. Labor Ready operates nearly 800 locations in the United States, Canada, and the United Kingdom. For additional information, visit Labor Ready's website at www.laborready.com

For more information, contact: Stacey Burke Director of Public Relations Labor Ready, Inc. (253) 680-8291