FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Ferencz Garrett				Tru	2. Issuer Name and Ticker or Trading Symbol TrueBlue, Inc. [ TBI ]									5. Relationship of Reporting Perso (Check all applicable) Director			s) to Issuer	vner	
(Last) 1015 A STREE	(First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/03/2023									X	Officer (g below)			Other (s below) Officer	specify	
(Street) TACOMA (City)	WA (State)	98 (Zij	402 p)	4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indix	ividual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date				Date	ate		2A. Deemed Execution Date, if any (Month/Day/Year)				4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an				5. Amount Securities Beneficiall Following Transactio		Form:	nership Direct (D) irect (I) 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount		(A) or (D)	Price	(Instr. 3 and 4)				(Instr. 4)
Common Stock 02				02/0	2/03/2023				A		15,448	(1)	A	\$ <mark>0</mark>	64,828(2)			D	
Common Stock 02				02/0	)2/04/2023				F		1,355	5	D	\$18.76	63,4	63,473 <sup>(2)</sup>		D	
Common Stock 02.				02/0	2/05/2023				F		1,365		D	\$18.76	62,108(2)			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/	Date, Transa Code (			5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Date		te Securities Underl Derivative Securi (Instr. 3 and 4)  Expiration  Am or Nur		derlying curity ) Amount	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

## Explanation of Responses:

- 1. Represents a grant of restricted stock units that will be settled for shares of Common Stock on a one-for-one basis in the future. The restricted stock units will vest over a 3-year period in equal installments.
- $2.\ This\ total\ includes\ approximately\ 1,524\ shares\ purchased\ pursuant\ to\ the\ TrueBlue,\ Inc.\ Employee\ Stock\ Purchase\ Plan.$

## Remarks:

/s/ Todd N. Gilman, Attorney-infact 02/07/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.